



353 - Beginning Painting: The Still Life

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***** Materials will be discussed in the first class meeting. *****

For a minimum at the first class, you will need something to paint *with* (brushes and a few colors like: white, a yellow, a blue, a red, and black), and something to paint *on* (a cheap canvas panel or board is fine).

Please email me with any questions: jwfleck@gmail.com

A lot of these things below are matters of personal choice, of course. I would encourage experimenting with different brushes, colors, supports, etc.

(for pastel artists, a set of at least 20–30 colors of soft or oil pastels and some good quality paper like Canson *Mi-Teintes*)

Oil or acrylic paints

We can work with what paint colors you may already have, and can discuss what else you might want/need in the first class. If you don't own any at all, the below will do nicely:

The Double, or Split Primary Palette (plus titanium white):

Warm Red – Cadmium Red Light

Cool Red – (permanent) Alizarin Crimson, or Quinacridone Red

Warm Yellow – Cad Yellow Medium or Indian Yellow

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Cool Yellow – Cadmium Yellow Light, Cadmium Lemon, or Hansa Yellow Light
Warm Blue – Ultramarine Blue
Cool Blue – Phthalo Blue
(Optional are secondaries, or some earth colors like Yellow Ochre or Burnt Sienna)

Assorted brushes

An assortment of flats, filberts and rounds, in a variety of sizes
(An aphorism is that it makes more sense to spend \$ on good paint than on good brushes)

Palette knife for mixing

Turpenoid (if using oil paints)

Medium

(Medium is what you can add to your paint while you work with it for the purposes of altering the consistency or drying time. Strictly optional – many painters don't use medium at all.)

Oil painters might like Liquin or Gamblin Galkyd

Acrylic painters: retardant (to slow drying time) or gloss or matte medium

Supports to paint on

Panels or stretched canvas - not too big or small

9x12, 11 x 14, 12x16 and up to 14x18

Multi-packs of canvas panels are cheaply available at Blick or Michaels

Canvas paper pads are a cheap option, but are not very durable. They can buckle, etc. if you get them too wet or overload them with paint. I am not a huge fan, but they are handy for quick sketches or trying things out.

Palette paper for mixing colors

White palette paper comes in a pad. I like Grey Matters paper by Jack Richeson, you can also get a roll of freezer paper from a grocery store (cheapest option).

Blue painter's tape for securing (from hardware store)

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