



THE ART CENTER  
HIGHLAND PARK

# Watercolor From The Ground Up

Instructor: Judith Joseph

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**PLEASE NOTE: RAG WATERCOLOR PAPER IS ESSENTIAL**

If you already have paint and brushes, use what you have. This is my preferred list of materials.

1. **ARCHES 100% RAG WATERCOLOR PAPER**, 140 LB., COLD PRESS. You may buy 3 full sheets (22" x 30") and tear them in quarters, or purchase a block, which is very convenient. Paper should say "rag" or "cotton", not just "acid-free".
2. **WATERCOLOR BRUSHES:** Round Kolinsky or sable are best, size 5 or 6. These are expensive, so a good synthetic brush will do—I recommend Escoda Versatil <http://www.dickblick.com/products/escoda-versatil-brushes/>
  - Optional and strongly recommended: Rigger size 4 or 6, see above (Escoda Versatil are very good)
  - Also buy a ½" or 1" flat synthetic brush.
3. **PALETTE OR PLATE** for mixing colors:
4. **WATERCOLOR PAINTS:** Watercolor paints: pan form or tubes. My preference is tube watercolors, professional quality (Winsor & Newton, Holbein, etc.) The Dick Blick house brand are good student quality and well-priced. Small tubes (5 ml) are fine, they'll go far.

**My preferred color list:**

Sepia	Cadmium Yellow Light	French Ultramarine
Payne's Gray	Yellow Ochre	Alizarin Crimson
Burnt Umber	Chromium Oxide Green	Quinacridone Magenta)
Burnt Sienna	Sap Green	(Optional: Cobalt Teal)
Cadmium Red Medium	Prussian Blue	(Optional: Indigo)
Cadmium Orange	Cobalt Blue	(Optional: Persian Rose)

IF YOU BUY TUBE WATERCOLORS, PUT THEM IN HERE: PAINT STORAGE PALETTE: To store the paints after you squeeze them out of the tube, a small covered, hinged plastic palette is great: <http://www.dickblick.com/products/mijello-fusion-airtightleakproof-palettes/> OR <http://www.dickblick.com/products/blick-folding-palette-box/>

5. MASKING FLUID: also called Friskit, Miskit or Drawing Gum. I prefer Pebeo or W & N.
6. A ROLL OF PAPER TOWELS
7. SKETCH PAPER PAD, any size 11" X 14" or up.
8. DRAWING PENCILS (2B) and kneaded eraser
9. SMALL MIST-SPRAY BOTTLE: to keep painting and palette wet
10. 1 or 2 oz. FLIP-TOP WATER BOTTLE (#11 & #12 available at Container Store).
11. OPTIONAL: BRUSH CLEANER: Master's Brush Cleaner and Restorer. (bar soap ok too).