

# **Art Therapy for Teens/Arte Terapia para Adolescentes**

## **Supply List**

Instructor: Gabriela Leyva  
Thursdays 7:00 – 8:30pm

Please bring a Personal Diary to class.

*Students should note that this course will be in a Group Therapy format. That means the format of group work is open-ended, with a facilitator providing opportunities for sharing within the group, encouraging risk-taking and openly talking with others about one's experiences. The facilitator also encourages feedback and participation of members in providing support to each other, based on the premise of confidentiality, so that what is shared in the group remains private and individuals are honored in this manner.*